



## **Surgery Center of Southern Oregon, LLC**

2798 E. Barnett Road Medford OR 97504

### **PATIENT PRE-PROCEDURE INSTRUCTIONS FOR ENDOSCOPY PLEASE CAREFULLY READ ALL INSTRUCTIONS**

On the day before your procedure, a nurse will call you with the time of arrival and specific instructions pertaining to your procedure. If you have not received a telephone call by 4:00 p.m. the day before your procedure, please call a member of our staff at 541-858-8100. Please note that occasionally, the Surgery Center may have to adjust their schedule, and your appointment time may be changed. We will ask you to arrive approximately 1 hour prior to your scheduled procedure time. If you are unable to keep your appointment, please contact your gastroenterologist's office.

#### **Food and Drink:**

Follow diet preparation instructions from your gastroenterologist's office. Please contact your doctor if you have not received these instructions. You may have clear liquids up four hours prior to your procedure time. Do not drink anything after that. Due to potentially serious complications, your procedure may be postponed or canceled if you have had anything to eat or drink. You may brush your teeth but do not swallow any water. We also request that you do not smoke at least 24 hours prior to procedure.

#### **Medications:**

You may take medications for your heart, blood pressure, seizures, or asthma with a sip (less than 1 oz.) of water at least 4 hours before the procedure time. Do not take any other medications unless instructed to do so by your doctor. **Do not take insulin or oral diabetic medications, diuretics, vitamins or supplements on the day of your procedure. If you are on anticoagulants/blood thinners, please follow the prescribing physician's instructions for this procedure. If you are a diabetic, you may take half of your diabetic medication dose the night before.**

#### **Day of Procedure:**

- **You must have a responsible adult to drive you home after the procedure.** Please understand that your procedure will be cancelled if you do not have a responsible adult to drive you home.
- Please leave all valuables at home. (These include money, jewelry, watches, credit cards, and cell phones.) The Surgery Center is not responsible for loss or damage of valuables.
- If you wear glasses, please bring eyeglass case.
- Please contact us prior to the day of your procedure if you have an active infection or if you have a history of MRSA (methicillin resistant staph aureus).

#### **Your Arrival:**

After you are registered, a nurse will prepare you for your procedure and answer any questions you may have.

**After Your Procedure:**

Immediately following your procedure you will be taken back to your private room where a professionally trained staff of nurses will monitor your recovery. You will receive specific postoperative instructions before you are discharged.

Please remove the perforated page from your brochure, provided by your surgeon's office and fill out the front and back of this form and bring with you the day of surgery. If you did not receive our brochure please visit our website at [www.sosurgi.com](http://www.sosurgi.com), go to the "Patient Resource" link, and click on "Preparing for your Procedure", print off the Medication Summary and Sleep Apnea Risk Assessment, fill out and bring with you to your appointment.