



Surgery Center of Southern Oregon, LLC

2798 E. Barnett Road Medford OR 97504

PATIENT PRE-PROCEDURE INSTRUCTIONS FOR PAIN MANAGEMENT PLEASE CAREFULLY READ ALL INSTRUCTIONS

On the day before your scheduled procedure, a nurse will call you with the time of arrival and specific instructions pertaining to your procedure. If you have not received a telephone call by 4p.m. the day before your procedure, please call a member of our staff at 541-858-8100. Please note that occasionally, the Surgery Center may have to adjust their schedule, and your appointment time may be changed. We will ask you to arrive approximately 1 hour prior to your scheduled procedure time. If you are unable to keep your appointment, please call our scheduling department 541-858-8100.

PLEASE FOLLOW THE INSTRUCTIONS BELOW:

Food and Drink:

Do not eat anything 6 hours prior to the procedure and clear liquid intake needs to stop by 2 hours prior to the procedures. Clear liquids are any liquid you can see through, black coffee, water, tea. Clear liquids **do not** include broth. **This is for your own safety due to aspiration risk.**

Medications:

You may take your normal medications including pain medications according to your physician's instructions. **If you take anticoagulants/blood thinners, please follow your prescribing physician's instructions on when to stop taking this medication prior to your procedure. If you have not been instructed on your anticoagulant/blood thinners, please call your prescribing physician.**

Day of Procedure:

- Please arrange to have a responsible adult drive you home after the procedure. Please understand that your procedure will be cancelled unless you have arranged for a responsible adult to drive you home.
- Plan on staying 90 minutes to 2 hours.
- Please leave all valuables at home. (These include money, jewelry, watches, credit cards, and cell phones.)
- Wear comfortable loose clothing, preferably with elastic waist.
- Please contact us prior to the day of your procedure if you have an active infection or if you have a history of MRSA (methicillin resistant staph aureus).

Your arrival:

After you are registered, a nurse will prepare you for the procedure, you will meet the physician who will talk with you and answer any questions you may have.

After your Procedure:

Immediately following your procedure you will be taken back to your private room where you will recover for approximately 20 minutes. You will receive specific postoperative instructions before you are discharged.

Please remove the perforated page from your brochure, provided by your referring physician's and fill out the front and back of this form and bring with you the day of your procedure. If you did not receive our brochure please visit our website at www.sosurgi.com, go to the "Patient Resource" link, and click on "Preparing for your Procedure", print off the Medication Summary and Sleep Apnea Risk Assessment, fill out and bring with you to your appointment.